

**SAMPLE GENERAL SCHEDULE:**  
(subject to change/revision and based on venue)

**Friday**

7:00 PM Departures  
(Weekenders should have a light supper before departing)  
8:30 PM Arrive to Conference Center  
Settle in, Cabin Assignments  
9:00 PM Group Meeting and Pizza Party  
10:30 PM Move to cabins for bedtime

**Saturday**

7:30 AM Wake Up  
8:00 AM Breakfast  
9:00 - 10:30 AM Period One  
Activity Choice: Trust Games Hike, Arts and Crafts  
10:45-12:00 Period Two  
Activity Choice: Soccer, Archery  
12:00 PM Lunch  
12:45 - 1:30 PM Rest Hour  
1:30 - 3:00 PM Period Three  
Activity Choice: Wild Science, Nature Hike  
3:15 - 4:45 PM Period Four  
Activity Choice: Low Ropes, New Games, 5:30 PM Dinner  
6:30 - 7:30 Quiet Lounge Time  
7:30 PM Evening Program  
Crazy Bingo—Paper Bag Dramatics—TALENT SHOW  
8:30 PM Snack (s'mores)  
9:00 PM Evening Movie  
10:30 PM Move to rooms for bedtime

**Sunday**

8:00 AM Wake Up  
8:30 A.M Breakfast  
9:00 - 10:30 AM Period One  
Activity Choice: Making Dream Catchers, Outdoor Living Skills  
10:45 - 11:00 AM Personal Packing and Lodge Cleaning  
11:15 AM Group Meeting: evaluations, goodbyes, plans for the next Weekender  
12:00 PM Lunch  
1:00 PM Departure  
2:00 PM Arrive to mall

Fee includes cost of lodging and meals. Weekenders should bring sleeping bag, pillow, towel, and personal toiletries. No spending money is necessary. Medication administration similar to our tours where Weekenders will find our Weekender nurse monitoring the process. Transportation is provided from and to the Montgomery Mall, Bethesda, MD.

**Weekenders are from after dinner on Friday until after lunch on Sunday—unless otherwise noted.**

Summit Camp...keeps the Magic Alive  
*\*\* special trips have additional fees*



**For more details contact:  
202 701 3979  
Enroll online at  
[www.summitweekender.com](http://www.summitweekender.com)  
[theam@summitcamp.com](mailto:theam@summitcamp.com)**

**SUMMIT CAMP'S WEEKENDER PROGRAM**

**Summit  
Camp's  
Weekender  
Mid-Atlantic  
Program  
For kids in  
Washington,  
DC, northern  
Virginia &  
Maryland  
2016-2017**

**Featuring  
Fun, Friends,  
Activities and  
a Break from  
School**

## Fun and friends at Summit Weekender Program . . .

**WHO:** Young people , ages 11– 19, who are kids with issues of Aspergers syndrome, NVLD, and/or ADHD who would benefit from a directed weekend experience designed to foster socialization and independence. They also may have already been a camper at Summit, a camp like Summit, or are considering one of Summit's summer programs.

**WHAT:** A getaway weekend designed as a 24/7 social skills event where kids are kids, make friends, and work with a staff who 'get them.' On many levels, it is a safe and secure setting.

**WHERE:** The winterized campus of Camp Aetna in Hagerstown, MD or several special locations that offer exciting programs. Our group will have our own area, complete with a central lounge .

**WHY:** An opportunity for a guided social weekend filled with fun, recreation, and time for new and old friends. It also provides respite for the young person and the family.

**WHEN:** December 9-11: Washington D.C. with Metro NY. Ages 11-19 \$475 December 27-January 1st, 2017 Disney World, Orlando with Metro NY, Florida, & Huston Weekender Programs \*ages 15-19. \$1,700

January 27-29: Indoor Water Park & Snow Tubing. Ages 11-19. \$575

March 3-5: New York City via train & Broadway Show with metro NY group. Ages 11-19. \$575

April 7-9: Camp Letts, Edgewater Maryland. Ages 11-19. \$400

May 19-21: Hershey Park with Metro NY. Ages 11-19. \$425

**HOW:** Weekenders have a schedule similar to that of camp. A range of activities are offered as well as meals together and general guided time for chatting, music listening, s'mores and even a campfire. The weekend starts with a brief meeting once arrived to get to know everyone, ask input, and generally

set the tone for the weekend. Another brief meeting is held just before departure to evaluate the experience and make suggestions for the next Weekender event.

Our Weekender Mid-Atlantic Coordinator is **Thea Mullis**. Thea has been a part of camp's Travel Program and campus programs. Her background is a seamless match for our community.

Our Weekender staff are professionals who work with special kids—educators, social workers, recreational specialists, who have the ability to supervise, direct, coach, and nurture—and of course, be good role models. Weekenders have also described them as 'cool.'

*Again, the wrap around program you are offering these kids brings tears to my eyes. To hear Zack talk about his experiences and show us emails and phone numbers of friends that he met--well, Gene--you just can't put a price on that. Thank you for seeing the best in our son and creating this extended family for all of these kids.*



**ACCOMODATIONS:** Our group stay in a modern facilities—from rooms to dormitory style. Each camper has their own bed. And modern bath facilities. Often we also have a large and central lounge complete with fireplace and comfortable seating. Each is also weatherized—suited for the time of the year.



**MEALS :** Our meals are prepared and served by the venue's chefs in their gorgeous dining hall. Weekenders have several choices at each meal. Special diet concerns can also be met. We have our own dining area to maintain our sense of group and community while dining. There are also snacks each evening.

**FACILITIES:** Our venues have a full range of activity areas—both inside and outdoors. There are numerous hiking trails, sports courts, a lake for boating, in addition to indoor areas for crafts, creative theater, an evening movie, and group games. Special venues offer their unique activity.

**Summit Weekender Rocks!**